

## Review of Public Health Indicators

The following priority areas were identified in the 2015-2019 Mind the Gap Health Inequalities Action Plan:

1. Self-harm
2. Excess winter deaths
3. Falls prevention
4. Child and adult obesity
5. Smoking related deaths
6. Alcohol misuse

This data has been refreshed to show the latest figures, alongside the England average for comparison. There are instances where the definition of the indicator has changed since the 2015 report however all data has been retrieved from PHE Fingertips<sup>1</sup>.

### Priority 1: Self-harm

Emergency hospital admissions for intentional self-harm (per 100,000)

Period	Tunbridge Wells	England	Trend
2014/15	260.4	193.2	Significantly worse than England average
2020/21	198.7	181.2	Not significantly different to England average

Suicide rate (per 100,000)

Period	Tunbridge Wells	England	Trend
2014-16	13.7	9.9	Not significantly different to England average
2019-21	9.1	10.4	Not significantly different to England average

### Priority 2: Excess winter deaths

Excess winter deaths index

Period	Tunbridge Wells	England	Trend
2014-15	25.9%	27.7%	Not significantly different to England average
2019-20	35.1%	17.4%	Significantly worse than England average

<sup>1</sup> Office for Health Improvement & Disparities. Public Health Profiles [10/02/2023]  
<https://fingertips.phe.org.uk> © Crown copyright [2023]

### Priority 3: Falls Prevention

Emergency Hospital admission due to falls in people aged 65 and over (per 100,000)

Period	Tunbridge Wells	England	Trend
2014/15	2,789	2,199	Significantly worse than England average
2020/21	2,474	2,023	Significantly worse than England average

### Priority 4: Child and Adult obesity

Reception: Prevalence of overweight (including obesity)

Period	Tunbridge Wells	England	Trend
2014/15	20.9%	21.9%	Not significantly different to England average
2021/22	18.3%	22.3%	Significantly better than England average

Year 6: Prevalence of overweight (including obesity)

Period	Tunbridge Wells	England	Trend
2014/15	29.5%	33.2%	Significantly better than England average
2021/22	27.9%	37.8%	Significantly better than England average

Percentage of adults (aged 18+) classified as overweight or obese

Period	Tunbridge Wells	England	Trend
2015/16	55.9%	61.4%	Significantly better than England average
2020/21	58.7%	63.5%	Significantly better than England average

Percentage of physically active adults

Period	Tunbridge Wells	England	Trend
2015/16	70.0%	66.1%	Not significantly different to England average
2020/21	72.2%	65.9%	Significantly better than England average

## Percentage of physically inactive adults

Period	Tunbridge Wells	England	Trend
2015/16	18.3%	22.3%	Significantly better than England average
2020/21	17.0%	23.4%	Significantly better than England average

## Priority 5: Smoking related deaths

Smoking prevalence in adults (18+) - current smokers (GPPS)

Period	Tunbridge Wells	England	Trend
2014/15	14.8%	16.4%	Not significantly different to England average
2020/21	13%	14.4%	Significantly better than England average

## Priority 6: Alcohol misuse

Admission episodes for alcohol-specific conditions (Persons - per 100,000)

Period	Tunbridge Wells	England	Trend
2014/15	442	576	Significantly better than England average
2020/21	374	587	Significantly better than England average